

**SUFFOLK HISTORIC CHURCHES TRUST RIDE & STRIDE**  
**Saturday 12 September 2020**

Dear Parishioner,

For many years, you have supported the annual sponsored cycle ride to raise money for the repair and restoration of Suffolk's wonderful historic churches. Last year, I was unable to take part, but Kevin Murphy stepped in and raised over £800, half of which was directed to our parish. This year, the organisers have decided to hold the event, despite the obvious difficulties. I will do the ride, and, as usual, invite anyone who wishes to take part to pick up a form and ride independently or with me. In order to set myself an additional challenge, and to provide a comic element to the ride, I will use my tricycle for the event!

To ensure that we meet Covid requirements, there will be no request for volunteers to act as greeters at our church; we will set up a table and ask riders to sign themselves in. I think most other churches will do the same.

If you would like to make a donation to the SHCT, please simply put the amount into an envelope and pop it through the presbytery door. If you write a cheque, make it payable to 'St Edmunds Parish'. I will donate 10p for every pound we receive. We fully understand that these are difficult times, and you may not feel able to contribute this year, but if you can, it will be most gratefully received. We will not ask you to fill out details on a sponsor form.

If you want to participate in the ride, please feel free to contact me for advice, routes etc. Copies of sponsor forms and lists of participating churches will be available in the church porch. If you do take part, please observe social distancing and hygiene recommendations at all time.

*Hugh O'Neill*